

Region VII Behavioral Health Board – 2015 Gaps & Needs Analysis

Identified Regional Service Needs and Gaps <i>Relating to Prevention, Treatment and Rehabilitation Services</i>	Short Falls and Challenges	Project Proposals, Progress and Accomplishments <i>Including those related to Family Support Services and Recovery Support Services</i>	Improvement and Strategy Measures
Primary Medical Issues:	<ul style="list-style-type: none"> Often time clients are in need of medical, psychiatric, dental, and vision services – but don't have access if they do not have insurance or benefits. Urgent care (primary care) centers are not connected to the mental health system (but treat many individuals for mental health issues). 	<ul style="list-style-type: none"> Develop better linkages between mental health and primary medical care including physical health, dental care and vision care. Explore access barriers. Assist with necessary applications for various medical assistance benefits. 	<ul style="list-style-type: none"> Collaborate with the 211 care line to ensure it accurately covers resources available in Region VII. Region VII Behavioral Health Board will create a cover letter to distribute to primary care providers throughout the region with information of how to access the newly updated 211 care line. Collaborate with Optum for Fall/Winter PCP/Provider Collaboration Education. Identify a point of contact to ensure that the 211 care line is updated on a quarterly basis.
Peer Support and Recovery: Coaches:	<ul style="list-style-type: none"> Our region would benefit from a broader availability of peer support and recovery coaches. All agencies need to have access to peer support and recovery coaches. Need to expand use of Peer Support and Recovery Coaches in the community to probation and parole. 	<ul style="list-style-type: none"> Expand the availability and use of peer support and recovery coaches. 	<ul style="list-style-type: none"> Develop a Community Recovery Center. Provide more opportunities for Peer Support/Recovery Coach trainings in the region. Connect and collaborate with Optum's peer and family support. Create and maintain a current list of all recovery coaches and peer support specialists in the region.
Homeless / Housing Issues:	<ul style="list-style-type: none"> Homeless issues (lack of shelter capacity, lack of supportive housing, and other housing issues). Current policy requires 24 hours of homelessness for those leaving institutions before eligible for some shelter programs. Current transitional housing systems are insufficient for the demand/need. 	<ul style="list-style-type: none"> Address policy of requiring 24 hours homelessness for those leaving institutions (jail, hospital) before eligible for shelter. Develop additional partnerships and linkages to increase housing options. 	<ul style="list-style-type: none"> Provide a representative from Region VII Behavioral Health Board to collaborate/attend the monthly Housing Coalition Meeting. The board representative will provide a quarterly update. Have a housing representative educate the Region VII Behavioral Health Board regarding statistics and housing options for the behavioral health population.

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Community Inpatient Psychiatric Care Access:	<ul style="list-style-type: none"> Limited psychiatrists in community. Limited staff at BHC on weekends. BHC is frequently on Diversion. Inconsistent community psychiatric inpatient discharge planning Lack of dependable access in community to psychiatric crisis beds (too few beds or not enough staff) leading to unanticipated diversions to other facilities out of the region. 	<ul style="list-style-type: none"> Improve communication about hospital actions that limit bed availability and result in diversion to other hospitals out of region. Engage the new BHC Director in community planning. 	<ul style="list-style-type: none"> Address psychiatric beds at the quarterly PCH (protective custody hold) Meetings.
Community Detoxification Capability:	<ul style="list-style-type: none"> There are no resources in the community to help with detoxification aside from the local hospital. 	<ul style="list-style-type: none"> Explore options for sub-acute detoxification services. 	<ul style="list-style-type: none"> Create a list of what is currently available with a payment source. Create a list of what is being used now for detox. Create a list of potential ways it could be developed in the region. Explore funding sources for potential inpatient/detoxification services.
Data Collection and Data Sharing Issues:	<ul style="list-style-type: none"> The recovery community is not adequately connected to the mental health system for referrals back and forth or other communications and planning. Urgent care (primary care) centers are not connected to the mental health system (but treat many individuals for mental health issues). There is a need for a database that would allow multiple agencies to share information on persons with mental illness in order to provide better response and ongoing care. Fragmented crisis response, many players that are not coordinated and no organized system or overall plan for crisis response. 	<ul style="list-style-type: none"> Identify core performance indicators and collection points. Determine a mechanism to be able to appropriately share critical information across those systems with a need to know (database). 	<ul style="list-style-type: none"> Continue to collaborate with Optum/Medicaid for data sharing. Compile a data request list to submit to Optum.

Region VII Behavioral Health Board – 2016 Gaps and Needs Analysis

Identified Regional Service Needs and Gaps <i>Relating to Prevention, Treatment and Rehabilitation Services</i>	Short Falls and Challenges	Project Proposals, Progress and Accomplishments <i>Including those related to Family Support Services and Recovery Support Services</i>	Improvement and Strategy Measures
Grant for Children's Mental Health Awareness	Large rural area to cover with education	\$15,000 grant from Blue Cross Foundation obtained for Children's Mental Health Awareness.	Developing roadshow training through Region 7 (will be held in six counties).
Transformation of R7BHB		Signed contract and MOU with Eastern Idaho Public Health. Submitted Readiness Application, which was approved.	Successfully transformed structure and support of R7BHB.
STAR Program (First Episode Psychosis)	Challenges getting word out about the program.	Program started; IDHW is facilitating this effort (in its first year).	R7BHB supports project and want to become more involved as appropriate.
Respite Care	Lots of unanswered questions at this point in time.	R7BHB voted to explore.	Beginning discussion and evaluation of R7BHB's desire/ability to take on at the local level.
Stepping Up (Reducing people with mental illness incarcerated in county jail)	Lack of data identifying prevalence; systemic issues, law enforcement and mental health treatment capacity.	R7BHB established a subcommittee to implement the initiative in the Region.	R7BHB identified subcommittee participants and are planning ongoing coordination meeting. Working with the national Stepping Up initiative.
Recovery Center – Center for Hope	Sustainability; identifying recovery coaches and peer support.	Received \$150,000 Millennium Fund grant. Center of HOPE obtained 501(c)3 status; established board of directors, found physical space; involved with the R7BHB.	
Training: Crisis Intervention Training Mental Health First Aid	Sustainability of future training; reaching throughout the 10 county region to provide training	Just completed CIT training in Rexburg.	
Behavioral Health Crisis Center	Sustainability; meeting needs across the region.	Opened in December 2014; community awareness is growing; meeting targets.	
Strategic Planning	Time needed to review and update the plan; integrating substance abuse and mental health needs for all ages.	Initial plan created for R7BHB; Gaps & Needs Analysis conducted in March 2014.	
Detox Centers	Not available in the area.		Under investigation by R7BHB.